

## LIP BLUSH TATTOO PRE & POST CARE

### **PRE Care Instructions**

**\*\*Please note\*\*** If you get cold sores or have ever had one in the past, you will need an antiviral prescription (Valtrex) from your doctor before a lip procedure. Physicians usually instruct to take it 2-3 days before. As this procedure will bring out the virus if not medicated beforehand. Please continue to take Valtrex post treatment while healing for the next 10 days.

Come to your appointment with clean skin and bring your favorite lip color you use frequently (recommended but not required).

\*Do not work out 24 hours before procedure.

\*NO alcohol or caffeine 24 hours before procedure

\*Avoid sun exposure and tanning one week prior to procedure. If you present with sunburn, we reserve the right to refuse service.

\*Do not take aspirin, niacin, vitamin E, or Advil/Ibuprofen 24 hours before procedure. If you are on a physician prescribed aspirin regimen, please seek physician approval prior to discontinuation of any medication.

\*Avoid power shakes, green smoothies, fish oil, hair, skin & nail supplements 24 hours prior to procedure. This can cause heavy bleeding and interferes with our ability to perform the procedure properly.

\*Discontinue using products that contain glycolic acid, chemical peels, and Retinol 4-6 weeks prior to procedure. Use of Prescription Retin-A should be discontinued for a minimum of 90 days prior to procedure, see physician prior to discontinuation of any prescription medication.

\*You have to be off any kind of Accutane for 1 year. NO Exceptions!

\*Refrain from using any Alpha Hydroxy Acid (AHA) products close to the tattoo area 2 weeks prior to and 2 weeks after your procedure. Check your skin care products and makeup for ingredients that contain acid and discontinue use.

\*Please Note: You will be more sensitive during your menstrual cycle and may experience more discomfort during your procedure.

FILLERS need to be done 6 weeks prior to or 6 weeks after your procedure. BOTOX should be done 2 weeks prior to or 2 weeks after your procedure.

IF YOU ARE PREGNANT OR NURSING, WE WILL NOT PERFORM ANY PROCEDURE ON YOU, NO EXCEPTIONS.

IF YOU HAVE ANY OF THE FOLLOWING CONDITIONS, YOU ARE NOT A CANDIDATE FOR PERMANENT COSMETIC TATTOOS:

Heart Conditions, Pace Maker, Defibrillator, Hemophiliac, Keloid Scarring

If you have previous permanent make, please notify us prior to your appointment and send in photos, we reserve the right to refuse service and you will forfeit your deposit. No Exceptions.

The **medications listed below** will cause bleeding and will not allow the pigment to be retained by the skin. Please consult your physician.

Triflusal (Disgren) Clopidogrel (Plavix) Prasugrel (Effient) Ticagrelor (Brilinta) Ticlopidine (Ticlid)  
Cilostazol (Pletal) Vorapaxar (Zontivity) Dipyridamole (Persantine Coumadin)  
Pradaxia (dabigatran) Xarelto (rivaroxaban) Eliquis (apixaban) Savaysa (edoxaban)

## **POST Care Instructions**

Post treatment your lips will be very sensitive and swollen. Feel free to ice if needed.

Keep lips hydrated with Aquaphor and to aid in healing use Herpicin L. Herpicin L contains amino acids which helps aid in repairing the skin.

Please refrain from using any lip makeup post lip treatment. You might cause an infection or otherwise damage the tattoo.

Food may be challenging for a while to eat with tattooed lips, but it can be done. Be cautious eating hot, salty or spicy foods. Avoid biting or licking your lips as much as possible, and make sure no food or drink stays on there.

Avoid Contact with Clothing, Makeup, Food and Sunlight.

Take care not to expose your face to the sun for about two weeks after you get your tattoo. The sun will fade the pigment, which is still settling into your skin. Swimming is not recommended for the first 2 weeks. Even after the tattoos have healed, be consistent with applying sunscreen to those areas of your face, to avoid fading.

Lips can take 1-3 treatments for desired depth of color.

### Typical Healing Effects

Day 1 - Swelling, tender, heavy thick lipstick look with a reddish brick color affect.

Day 2 - Slight swelling, reddish and tender with a slight metallic flavor.

Day 3 - Less swelling, thicker texture, sore, hot feeling before exfoliation with an orange color affect.

Day 4 - Exfoliation begins, very chapped lips.

Day 5 - Very chapped but almost finished with first chapping stage.

Day 6 - A soft rich color begins to appear.

Days 7-13 - Lip color disappears, "frosty" chapping stage begins as a whitish/grayish haze.

Day 14 - Color blooms from within more and more each day until day 21.

Day 21 - Healing complete; the color you see is the color you have. Your lips will remain a bit dry for a month or two, use a good lip balm and they will return to normal, but with full color